

# CLIMATE CONSCIOUS INHALERS SWITCH GUIDE

Adapted from [BCInhalers.ca](#) and [CASCADES](#)

High climate impact

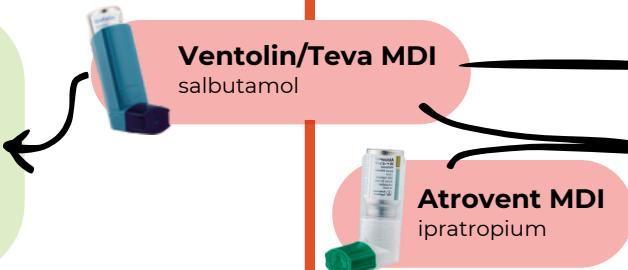
Low climate impact



## ASTHMA

## COPD

### Reliever Therapy



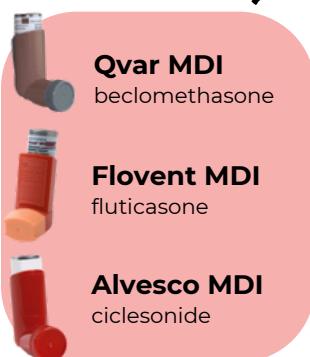
### Controller Therapy

Note: steps indicate progression in disease management

#### ASTHMA

#### COPD

##### Step 1: ICS



≥ 6 years old:  
**Flovent Diskus**  
fluticasone  
100; 250; 500 mcg ✓

≥ 6 years old:  
**Pulmicort Turbuhaler**  
budesonide  
100; 200; 400 mcg ✓

≥ 12 years old:  
**Arnuity Ellipta**  
fluticasone  
100; 200 mcg ✓

##### Step 2: ICS/LABA



≥ 6 years old:  
**Wixela Inhub**  
(Generic for Advair)  
fluticasone/salmeterol  
100/50; 250/50; 500/50 mcg SA

≥ 12 years old:  
**Symbicort Turbuhaler**  
budesonide/formoterol  
100/6; 200/6 mcg SA

≥ 18 years old:  
**Breo Ellipta**  
fluticasone/vilanterol  
100/25; 200/25 mcg SA

##### Step 1: LAMA

**Spiriva Respimat**  
tiotropium  
2.5 mcg ✓

**Spiriva Handihaler**  
tiotropium  
18 mcg ✓

**Incruse Ellipta**  
umeclidinium  
62.5 mcg ✓

##### Step 2: LAMA/LABA

**Inspiilo Respimat**  
tiotropium + olodaterol  
2.5/2.5 mcg SA

**Ultibro Breezhaler**  
glycopyrronium + indacaterol  
110/50 mcg SA

**Anoro Ellipta**  
umeclidinium + vilanterol  
62.5/25 mcg SA

**Duaklir Genuair**  
aclidinium + formoterol  
400/12 mcg SA

##### Step 3: ICS/LAMA/LABA

**Trelegy Ellipta**  
fluticasone +  
umeclidinium + vilanterol  
100/62.5/25 mcg SA

Special Authority:  
Diagnosis of  
moderate to very  
severe COPD based  
on FEV1 and FVC.

##### Or: ICS/LABA

**Wixela Inhub**  
(Generic for Advair)  
fluticasone/salmeterol  
100/50; 250/50; 500/50 mcg SA

**Breo Ellipta**  
fluticasone/vilanterol  
100/25; 200/25 mcg SA

##### For consideration:

- Patients do better with consistent inhaler types.
- MDIs with spacers are still preferred for those with poor inspiratory flow or poor coordination.
- [BCInhalers.ca](#) helps you choose the right inhaler for patients.



Special Authority: Diagnosis of asthma  
AND inadequate response on optimal  
dose of inhaled corticosteroid.